

The Decolonizing Diet Project Cookbook

Join us in celebrating its release at two upcoming events.

March 8 at 4 p.m. at the Lydia M. Olson Library on the NMU Campus as part of the *Native Voices* traveling exhibit.

March 31 at 7 p.m. at the Peter White Public Library in Marquette as part of the *Great Michigan Read* program.

Purchase a cookbook for only \$13.95! Available at these events or on the NMU campus at 112 Whitman Hall.

“Our foods are our life...restoring our relationship to these foods will help us heal. Enjoying and celebrating these foods through new recipes is about the love of food.”
- Winona LaDuke, White Earth Land Recovery Project

“Break out your kitchen gear and enjoy the satisfaction that comes from connecting with foods that have sustained Indigenous peoples for millennia.”
- Dr. Devon Mihesuah, University of Kansas

“Spirit food is the food that feeds your spirit and connects you to other spirit beings of the past, present and future.”
- Dr. Martin Reinhardt, Northern Michigan University

The DDP Cookbook is presented by the NMU Center for Native American Studies. Call the Center at 906-227-1397 or visit nmu.edu/cnas for more information.

